

Park Bench News

Artesia Parks & Recreation Department

*Creating Community through People,
Parks and Programs*

**Parks
Make
Life
Better!**



SPRING 2012

CITY OF ARTESIA PARK FACILITIES

Artesia Park
18750 Clarkdale
Artesia, CA 90701
(562) 860-3361

Office Hours:
Monday—Friday
8am-8pm

Hours of operation
may be extended to
accommodate adult
sports leagues &
programs.

Saturday
10:30am-4:30pm

Sunday closed

A.J. Padelford Park
11870 169th St.
Artesia, CA 90701
(562) 407-1723

Office Hours:
Monday—Friday
9am-6pm

Saturday 10:30am-
4:30pm.

Sunday Closed

Baber Park
17189 Baber Ave.
Artesia, CA 90701

www.cityofartesia.us

Safety Expo

Visit Artesia Park on Saturday Feb 25 from 10am-2pm for our Free Public Safety Expo and Youth Safety Day.

Enjoy freestyle BMX bike demonstrations by Team Soil, including helmet giveaways for Artesia Youth! Visit exhibits and presentations from the LA County Fire and LA County Sheriff's Departments, as well as a pet adoption clinic, bicycle safety course, and more!

Youth who participate in the bicycle safety course will be entered to win bicycles!!

Youth Baseball

Registration for the Spring Baseball league begins on Tues. January 3rd.

Opening Day will be held March 17th from 10am-12pm.

Pee-Wee
Resident \$50
Non-Resident \$69

All Other Age Divisions
Resident \$59
Non-Resident \$81

Youth Sports Clinics

Tee Ball & Baseball
Jan 31—Feb 28

Tues.	Ages 2-3	4:00-4:30pm	\$45
Tues.	Ages 3-4	4:30-5:15pm	\$45
Tues.	Ages 5-7	5:30-6:15pm	\$45
Tues.	Ages 7-10	6:30-7:15pm	\$45

Basketball
Feb 1—Feb 29

Wed.	Ages 2-3	4:00-4:30pm	\$45
Wed.	Ages 3-4	4:30-5:15pm	\$45
Wed.	Ages 5-7	5:30-6:15pm	\$45
Wed.	Ages 8-12	6:30-7:30pm	\$45

Soccer
Feb 3—Mar 2

Fri.	Ages 2-3	4:00-4:30pm	\$45
Fri.	Ages 3-4	4:30-5:15pm	\$45
Fri.	Ages 5-7	5:30-6:15pm	\$45
Fri.	Ages 8-12	6:30-7:30pm	\$45

Parent & Me

Have fun while helping your toddler learn tee-ball, basketball, or soccer!

Parent participation is required in clinics for ages 2-3.



A.J. Padelford Park

Youth Activities:

Homework Tutoring Club:
Monday-Thursday 3-5pm

Arts & Crafts: Monday-Thursday 5:00-6:00pm

Sports: Monday-Friday 5:00-6:00pm

Movies: Fridays 4:00-6:00pm
Free Pop Corn for participants.

Adult Activities:

AJPP Parent Group Social Meet your neighbors and share your recipes. Wednesdays 9:30am-12:30pm

Knitting Group: come to learn, share technique and socialize with your neighbors. Friday's 9:30am-12:00pm

Youth Theatre Group Performs "Charlie Brown"

Youth interested in participating should register at Artesia Park. Rehearsals will begin Jan 27. \$20 material fee due before 1st practice.

Performances will be on:

Friday, April 27 at 7pm
Saturday, April 28 at 2pm
& 7pm
Sunday, April 29 at 2pm

Performance Tickets \$4

Recreation Classes

Youth & Family

REMINDER!

All registration is due the week before a class or program begins. Registration received after the deadline will be charged a \$5 late fee. Register in person or by mail at Artesia Park.

Tiny Tot Hip Hop

Children ages 2-4 will learn movement and basic dance steps while they have fun dancing to hip hop music. Artesia Park

Res. \$35/Non-Res. \$45

Fri 5:15-6:00pm Ages 2-4 01/13-03/02
 Fri 5:15-6:00pm Ages 2-4 03/23-05/11

Hula

A beginning and intermediate course in Hawaiian Hula. Learn coordination through the body movements and hand gestures which tell the story of the song. Artesia Park

\$35

Youth

Tues 4:00-5:00pm Ages 5-10 01/03-01/24
 Tues 5:00-6:30pm Ages 11-17 01/03-01/24
 Thur 4:30-6:00pm Ages 11-17 01/05-01/26
 Tues 4:00-5:00pm Ages 5-10 02/07-02/28
 Tues 5:00-6:30pm Ages 11-17 02/07-02/28
 Thur 4:30-6:00pm Ages 11-17 02/09-03/01
 Tues 4:00-5:00pm Ages 5-10 03/13-04/03
 Tues 5:00-6:30pm Ages 11-17 03/13-04/03
 Thur 4:30-6:00pm Ages 11-17 03/15-04/05
 Tues 4:00-5:00pm Ages 5-10 04/17-05/08
 Tues 5:00-6:30pm Ages 11-17 04/17-05/08
 Thur 4:30-6:00pm Ages 11-17 04/19-05/10

Seniors and Adults

Tues 2:30-4:00pm Senior 01/03-01/24
 Tues 6:30-8:00pm Adult 01/03-01/24
 Thur 3:00-4:30pm Senior 01/05-01/26
 Thur 6:00-8:00pm Adult 01/05-01/26
 Tues 2:30-4:00pm Senior 02/07-02/28
 Tues 6:30-8:00pm Adult 02/07-02/28
 Thur 3:00-4:30pm Senior 02/09-03/01
 Thur 6:00-8:00pm Adult 02/09-03/01
 Tues 2:30-4:00pm Senior 03/13-04/03
 Tues 6:30-8:00pm Adult 03/13-04/03
 Thur 3:00-4:30pm Senior 03/15-04/05
 Thur 6:00-8:00pm Adult 03/15-04/05
 Tues 2:30-4:00pm Senior 04/17-05/08
 Tues 6:30-8:00pm Adult 04/17-05/08
 Thur 3:00-4:30pm Senior 04/19-05/10
 Thur 6:00-8:00pm Adult 04/19-05/10

Taekwondo

Tae Kwon Do is an effective self-defense program which also develops discipline, respect, flexibility, agility, coordination and leadership. It also aids in weight reduction, increased endurance and lower heart rate. Artesia Park

Res. \$40/Non-Res. \$45 Ages 5-13

Mon/Wed 5:00-6:30pm Ages 5-13 01/04-01/30
 Mon/Wed 5:00-6:30pm Ages 5-13 02/01-02/29
 Mon/Wed 5:00-6:30pm Ages 5-13 03/05-03/28
 Mon/Wed 5:00-6:30pm Ages 5-13 04/04-04/25
 Mon/Wed 5:00-6:30pm Ages 5-13 05/02-05/30

No class on 01/16, 02/20, or 05/28

Ballet & Tap Combo

Help your child develop self-confidence and poise through the art of dance! Postures, grace, rhythm, arm and foot positions and basic stretches are taught through exercises specifically designed for this age group. The class will cover pre-tap and pre-ballet techniques. Artesia Park

Res. \$35/Non-Res. \$45

Fri 6:00-6:45pm Ages 2-4 01/13-03/02
 Fri 6:45-7:30pm Ages 5-8 01/13-03/02
 Fri 6:00-6:45pm Ages 2-4 03/23-05/11
 Fri 6:45-7:30pm Ages 5-8 03/23-05/11

Cheer for Tots

Children ages 3-6 will learn cheer steps and routines while having fun. Artesia Park

Res. \$35/Non-Res. \$45

Fri 4:30-5:15pm Ages 3-6 01/13-03/02
 Fri 4:30-5:15pm Ages 3-6 03/23-05/11

Ukulele

Learn how to play the Ukulele! Students will learn cord identification, hand positioning, how to strum, and more! Students will need a ukulele and music stand. \$5.00 materials fee payable to Instructor is due at the first class meeting. Artesia Park

\$35

Mon 6:00-7:00pm Ages 7+ 01/09-02/06
 Mon 6:00-7:00pm Ages 7+ 02/13-03/12
 Mon 6:00-7:00pm Ages 7+ 03/19-04/09
 Mon 6:00-7:00pm Ages 7+ 04/16-05/07
 Mon 6:00-7:00pm Ages 7+ 05/14-06/11

No class on 01/16, 02/20, or 05/28

REMINDER!

All registration is due the week before a class or program begins. Registration received after the deadline will be charged a \$5 late fee. Register in person or by mail at Artesia Park.

Ice Skating

Learn the fundamentals of ice skating from certified U.S. Figure Skating Association instructors. Class fee includes skate rental and practice time on lesson day. Please arrive early to size skates. Dress warmly in layers and bring gloves or mittens. Participants are divided by age group: 3-5, 5-12, 13 + East West Ice Palace

Res. \$57/Non-Res. \$80

Wed	5:40-6:10pm	Ages 3 +	01/11-02/08
Wed	5:40-6:10pm	Ages 3 +	02/29-03/28
Wed	5:40-6:10pm	Ages 3 +	04/04-05/02

Adult

Yoga (Stress Management)

Learn the psychological and physical effects of stress, and management techniques to improve and regulate stress in your life through the use of self awareness, meditation, and proper breathing. **Res. \$35/Non-Res. \$45**

Tue/Thu	8:00-9:00am	Ages 18 +	01/10-02/16
Tue/Thu	8:00-9:00am	Ages 18 +	02/28-04/05
Tue/Thu	8:00-9:00am	Ages 18 +	04/17-05/24

Zumba Fitness

Feel good & look good! Dance your way to better fitness to the Latin rhythms of salsa, merengue, cha cha, mambo, cumbia, and more. No partner required. Artesia Park

Resident \$48 Non-Resident \$58

Tue/Thu	7:00-8:00pm	Ages 13 +	01/03-02/09
Tue/Thu	7:00-8:00pm	Ages 13 +	02/21-03/29
Tue/Thu	7:00-8:00pm	Ages 13 +	04/10-05/17
Tue/Thu	7:00-8:00pm	Ages 13 +	05/29-07/06

Saturday Pay-As-You-Go

\$5 per class

Sat	10:45-11:45am	Ages 13 +	Continuously
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Ukulele

A beginning and intermediate course in Hawaiian, Tin Pan Alley (1915-1930) and other songs/styles up to today. Basic music theory, vamps, and transposition will be included. You must know the basic chords. Students may use any type of ukulele and must furnish their own instrument. There will be several class performances during the year. Singers and guitarists are also welcome. Artesia Park

\$36

Thu	9:00-11:30am	Ages 18 +	01/05-03/22
Thu	9:00-11:30am	Ages 18 +	03/29-06/14

Tennis

Tennis lessons for all experience levels. Beginner class for those with little or no tennis experience. Intermediate class for those with a few years playing tennis who are wanting to improve their game.

Advance class for those with several years playing and who would like to work on consistency and power. Participants must provide tennis racket.

Classes start on first class day of the month. Fees are \$10/wk paid monthly, based on the number of class sessions per month, and must be paid before classes begin. Classes held at Artesia Park.

Private & Semi-Private Lessons also available.

Private \$40/hr Semi-Private \$20/30min

Quick Start

Tue	Beg.	5:30-6:30pm	Ages 6-10
Thu	Beg.	5:30-6:30pm	Ages 6-10
Sat	Beg/Int	9:00-10:00am	Ages 8-11

Junior Tennis

Fri	Beg/Int	6:00-7:00pm	Ages 12+
Sun	Int	9:00-10:00am	Ages 12+

Adult Tennis

Fri	Int/Adv	7:00-8:00pm	
Sun	Beg/Int	8:00-9:00am	

Line Dancing

Get fit and exercise to the fun of country style line dancing. You don't need a partner. Beginners to Advanced students welcome. Artesia Park

\$3 per class

Mon	Beg.	6:00-7:00pm	Ages 18 +	Continuously
Mon	Int.	7:00-8:00pm	Ages 18 +	Continuously

No class on 01/02, 01/16, 02/20, or 05/28

Yoga

Practice the basic discipline and postures to promote physical fitness. Improve flexibility, strength, concentration; renew your energy, restore emotional stability, and reduce stress. Students must bring yoga mat to class. Artesia Park

Resident \$35 Non-Resident \$45

Mon/Wed	6:30-7:30pm	Ages 18 +	01/04-02/15
Mon/Wed	6:30-7:30pm	Ages 18 +	02/27-04/11
Mon/Wed	6:30-7:30pm	Ages 18 +	04/23-06/06

No Class 01/16, 02/20, 05/28

Beading

Come and learn to make beautiful jewelry using bead-weaving, stringing and other bead techniques. Artesia Park

\$20

Tue	10:00-1:00pm	Ages 18 +	01/03-02/07
Tue	10:00-1:00pm	Ages 18 +	02/14-03/20
Tue	10:00-1:00pm	Ages 18 +	03/27-05/01

Senior Center at Artesia Park

Senior lunch is served Monday-Friday at 11:30 am. There is a \$2.00 fee and a 24 hour reservation is required, please call 562-924-6509.



Bingo games: Monday, Tuesday & Friday from 8:45-10:30am.

Line Dancing: Tuesdays from 9:15-10:30am. Free.

Loom Knitting Workshop: Wednesdays 10-11:15am. Free.

Wednesday Club meets the first four Wednesdays of every month 8am-1pm.

Portuguese Social Hours are held the first Friday of every month from 1-5pm.

Artesia Express:

Free shuttle service is available to Artesia residents who are over 60 or disabled. Register at the Artesia Park Office.

Events Calendar:

1/2: Center Closed for New Years.
2/8: Valentines Day Party 10-11:30am
3/14: St. Patrick's Day Party 10-11:30am

3/28: Senior Easter Party, 10am-1pm \$2. Pre-registration required.

2012 intake forms due for lunch participants

5/9: Mother's Day Party 10-11:30am

Upcoming Excursions:

1/18: California Science Center with 2 IMAX movies \$10
2/14: Gene Autry Museum \$5
3/24: Glendale Theatre "Fiddler on the Roof" \$20
Apr: TBD

Adult Softball

Men's Slow-pitch on Wed. Nights.

Starts January 31

Team Fee \$320 + \$30 forfeit fee

Umpire Fees \$12 per team each game

Co-Ed Slow-pitch on Friday Nights.

Starts February 24

Team Fee \$320 + \$30 forfeit fee

Umpire Fees \$12 per team each game

Tax Prep Assistance

Free tax prep assistance will be offered through AARP at Artesia Park. Tax assistance is provided by trained volunteers on software made available by the IRS.

Appointments will be held on Mondays from 1-4pm beginning February 6 and will continue until tax day. Registration begins on January 3 for Residents and on January 10 for non-residents.

Easter Program

The annual Easter Program will be held on Saturday, March 31 from 12-3pm at AJ Padelford Park. Activities include arts & crafts, games, photo-ops with the Easter Bunny, entertainment, delicious food, and an Easter Egg Hunt sponsored by the Artesia-Cerritos Lions Club. Come join the fun!



Upcoming Special Events & Dates to Remember

Jan 2: New Years Observed—parks closed.

Jan 3: Youth Baseball registration begins

Jan 16: MLK Day, Holiday Hours 12-6pm

Feb 20: Presidents Day, Holiday Hours 12-6pm

Feb 25: Public Safety Expo, 10am-2pm, Artesia Park.

Mar 17: Opening Day 10am-1pm, Artesia Park

Mar 28: Senior Easter Party, 10am-1pm, Albert O. Little Community Center

Mar 30: Caesar Chavez Day, Holiday Hours (Artesia Park 2-8pm, AJ Padelford Park 12-6pm)

Mar 31: Easter Program, 12-3pm, AJ Padelford Park.

Apr 8: Easter Day

Apr 9-13: ABCUSD Spring Break

Apr 27-29: "Charlie Brown" performances, Artesia Park.

May 13: Mother's Day

May 28: Memorial Day, Holiday Hours 12-6pm

For more information on any program or event please call