

#Artesian

FALL 2018



**PARKS & RECREATION
FALL CATALOG**

Events | Activities | Classes | Programs



**International
STREET FAIR**

& Diversity Festival

FESTIVAL GUIDE & MAPS



**International
STREET FAIR
& Diversity Festival**

**International Street Fair & Diversity Festival
Organized by the City of Artesia • Free to all**

When: Saturday, October 6, 2018

Where: Pioneer Boulevard between 183rd Street and 187th Street

Venue shuttle stops:

- Artesia Towne Center on northwest corner of 183rd Street and Pioneer Boulevard
- AJ Padelford Park
- New Life Community Church in Artesia
- Elaine Avenue across from Artesia Park

Parking is available at:

- New Life Community Church in Artesia [free]
- AJ Padelford Park [free]
- Artesia Park [free]
- At the venue on the old railroad tracks off Pioneer Boulevard

The City of Artesia is proud to announce the 5th Annual International Street Fair and Diversity Festival on Pioneer Boulevard on Saturday, October 6, 2018 from 11 am to 10 pm. Everyone is invited to join the fun and celebrate the diversity in Artesia. There will be a variety of activities and cultural performances to experience, including live entertainment on two stages, international cuisine, shopping, a Kids Zone, and beer gardens. Check out page 4 for more information on activities and performances.

Visitors to the Kids Zone will discover loads of fun activities including rides, arts and crafts, games and a chance to experience the petting zoo or take a pony ride. The City of Artesia Parks and Recreation Department will be giving away free ride wristbands good from 11 am – 3 pm to the first 200 Artesia children who are 5 to 12 years old. Ride wristbands can be picked up at the Parks and Recreation



booth near Pioneer Blvd. and 187th Street. Free ride wristbands are available on a first-come, first-served basis to resident children. Your child must be present and you must provide proof of residency (bring your California ID or a utility bill). The free ride wristbands are not valid for pony rides or the petting zoo. Additional wristbands are also available for purchase for \$10, valid from 11 am – 3 pm, \$15 for a half day unlimited, or \$20 for an entire day of rides. Individual tickets for rides may be purchased for \$2 each.

The International Street Fair and Diversity Festival is a great destination for foodies, families, and fun-seekers, and has been drawing over 40,000 participants for the past two years. As the event continues to grow in popularity, attendees are encouraged to park their cars and ride the free shuttle to the Festival. **The free Festival shuttle will pick up and drop off attendees at the following locations:**

Venue shuttle stops:

- 1** Artesia Towne Center on the northwest corner of 183rd Street and Pioneer Boulevard
- 2** AJ Padelford Park
- 3** New Life Community Church in Artesia
- 4** Elaine Avenue across from Artesia Park

Parking is available at:

- New Life Community Church (free)
- AJ Padelford Park (free)
- Artesia Park (free)
- At the venue on the old railroad tracks accessed off Pioneer Boulevard

See the shuttle route and parking map on page 7.

For more information, please visit cityofartesia.us or call 562-865-6262.

**FREE
Festival
admission!**

**FUN for
ALL ages!**

COMMUNITY PERFORMANCES ON THE NORTH STAGE NEAR 183rd STREET

Appearance times approximate and performers subject to change.

10:45 am – 12 pm OPENING CEREMONIES:

Faye Ross Middle School Choir
Flag Ceremony and Color Guard
National Anthem – Jennifer Sarabia
Mayor Flowers Welcome
Gretchen Whitney High School Kokoro Kara
Taiko Drummers

12 – 2 pm

Center Stage Dance Academy
Luther Burbank Elementary School's Spirit Squad
& Dawg Squad
Chinese Folk Dance by Ling Dance Academy
Yuanchi Club of Cerritos

2 – 5 pm

Zimbabwe & Latin America Music
by Masanga Marimba
Nepalese Folk Dance
Hikari Taiko Drummers
Artesia Park Zumba Class

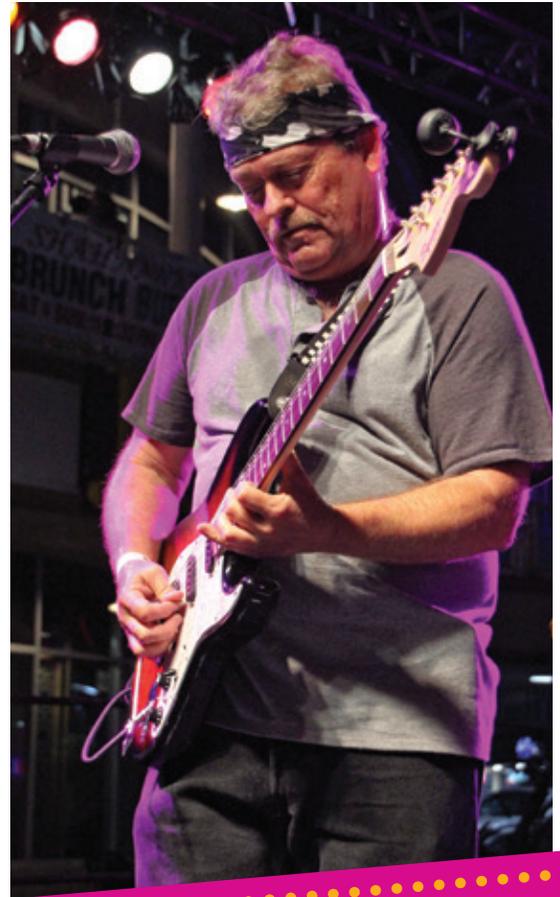
5 – 7:30 pm

Mexican Folklorico by Ballet Folklorico El Lucero
Mayor's Acknowledgement Presentation
Cultural Performances by Maha Company
Hawaiian Hula Dance by Na Kupunawahine
"O Cerritos"
Bagpipe Performance by Ed Chau

7:30 – 10 pm

Sri Lankan Folkloric by Savithri Arts Academy
Chinese Cultural Performances
Artesia Park Zumba Class





COMMUNITY ENTERTAINMENT
and LIVE BANDS
on the South Stage
Visit www.cityofartesia.us for details



DIVERSITY FESTIVAL KIDS ZONE:

- Inflatables Rides
- Petting Zoo
- Face Painting
- Arts & Crafts
- Pony Rides
- Games
- Fun!



FREE Ride Wristbands
for the **first 200** kids
from Artesia!
EXCLUDES
PONY RIDES &
PETTING ZOO

Free wristbands good for unlimited rides from 11 am–3 pm for Artesia residents only, ages 5 to 12

One free wristband per address, proof of Artesia residency required (bring your California driver's license or utility bill). Child must be present. Please go to the Parks & Recreation booth to receive the wristband.

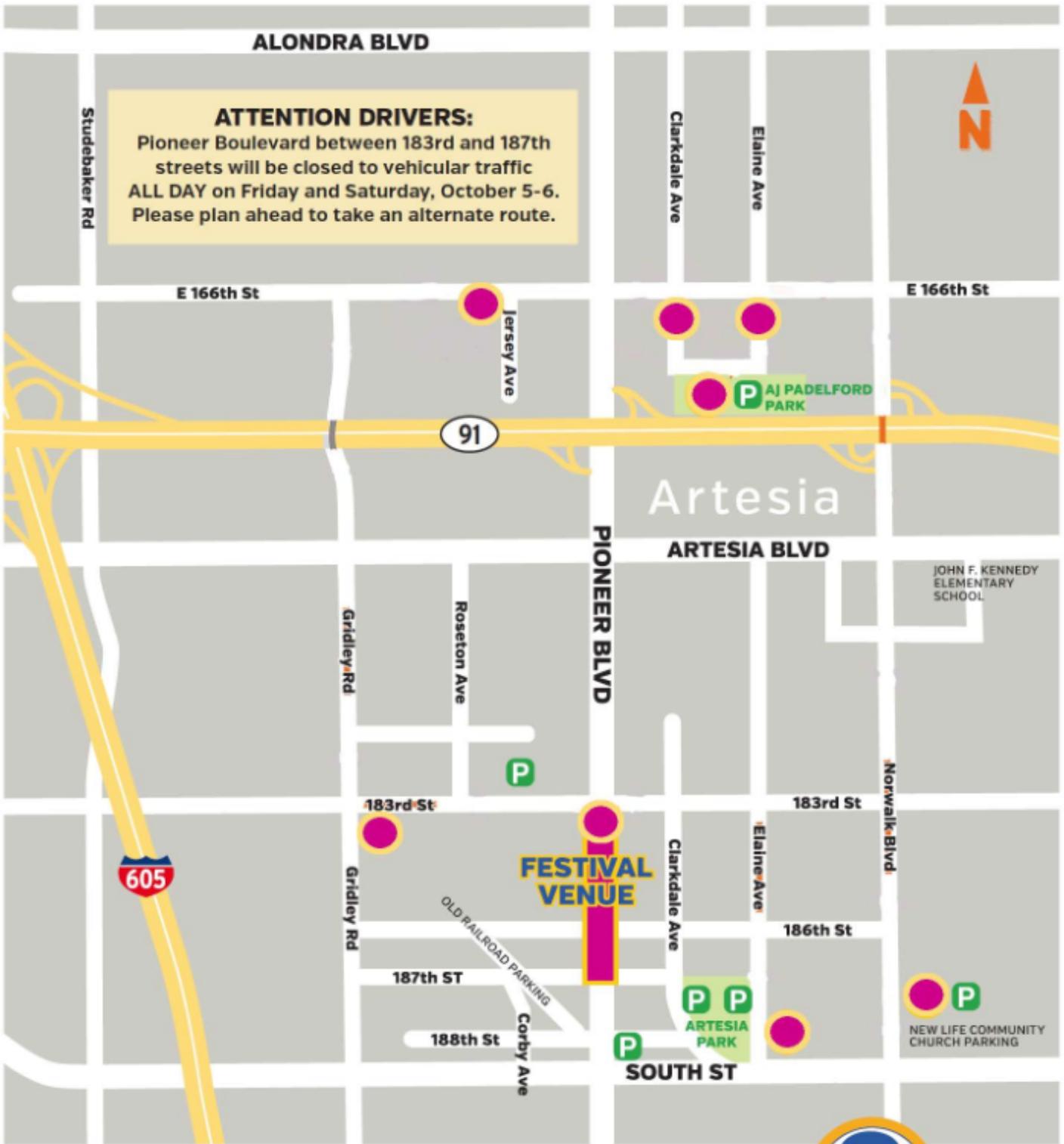
COME EARLY!

Inflatable ride wristbands are available for sale:

- \$10** 11 am – 3 pm unlimited
- \$15** half day unlimited
- \$20** all day unlimited
- \$2** individual ride ticket



KIDS ZONE © ADRIAN BRAND / SHUTTERSTOCK.COM • HANDS: ISTOCK • PHOTO © MAX TOPCHU / SHUTTERSTOCK.COM • SLIDE © ALEXANDER YAKOVY / SHUTTERSTOCK.COM



REVISED

FREE SHUTTLE ROUTE

SATURDAY, OCTOBER 6

SHUTTLE FROM 11 AM TO 11 PM

FESTIVAL HOURS 11 AM TO 10 PM

← ← SHUTTLE ROUTE

FESTIVAL LOCATION ON PIONEER BLVD BETWEEN 183rd & 188th STREETS

SHUTTLE PICKUP & DROPOFF

FESTIVAL PARKING



City of Artesia Park Locations



Artesia Park ALBERT O. LITTLE COMMUNITY CENTER

18750 Clarkdale, Artesia, CA 90701

Office Hours:
Monday-Friday 8 am – 8 pm
Saturday 10:30 am – 4:30 pm
Sunday closed

Hours of operation may be extended to accommodate additional programs.



AJ Padelford Park

11870 169th Street, Artesia, CA 90701

Office Hours:
Monday-Friday 9 am – 6 pm
Saturday 10:30 am – 4:30 pm
Sunday closed



Baber Park

17189 Baber Avenue, Artesia, CA 90701



PARK RULES are posted at each park entrance.

Please follow them to ensure the parks stay clean and safe and offer a fun place for people to gather.

No alcohol or smoking is permitted on park grounds. Parks are open to the public from 7 am to 10 pm; no overnight camping is permitted. Well-socialized dogs are allowed on a leash; but please be sure to come prepared to pick up after your pet and keep the park clean and enjoyable.

HOLIDAY PARK & OFFICE CLOSURES

| | | |
|-------------------------|-----------------------|---|
| LABOR DAY | Monday, September 3 | Park office hours 12-6 pm; City Hall closed |
| VETERANS DAY | Monday, November 12 | Park office hours 12-6 pm; City Hall closed |
| THANKSGIVING DAY | Thursday, November 22 | Parks closed; City Hall closed |
| HOLIDAY | Friday, November 25 | Park office hours 12-6 pm; City Hall closed |

**JOIN THE AJ PADELFORD
PARK TEEN PROGRAM
WHERE YOU CAN:**

- Go on excursions!
- Make a difference in your community!
- Receive homework help!
- Just hang out!

Our desire at AJ Padelford Park is to enhance teens' educational experience OUTSIDE of the classroom. Having staff available to assist students with their homework allows students to set academic goals, identify their strengths, and to target areas for improvement, and ultimately, prepare for success INSIDE of the classroom. Don't hesitate to bring those nasty algebra equations or rough drafts to the teen center with you - there will be someone to help!

**FREE MEMBERSHIP
REQUIRED TO PARTICIPATE IN
ANY ACTIVITIES OR EVENTS.
SIGN UP TODAY!**

AJ Padelford Park Teen Center

OPEN MONDAY - FRIDAY • 3-6 pm • FOR AGES 13-18

Excursions

Last day to register is two weeks prior to the day of event.

Back to School - Bonfire at Bolsa Chica State Beach

Friday • September 7 • 5:30 - 10:30 pm • Free

Hollywood Sign Hike

Saturday • October 19 • 7:30 am - 12:30 pm • Free

Thanksgiving Potluck / Movie

Friday • November 16 • 6 - 8:30 pm • Free

Please bring a dish to share

Your Time Counts - Community Service

Need community service for school? We can help you out!

Community Service Opportunity:

Halloween Spooktacular at Artesia Park

Wednesday • October 31 • 5-8 pm

We are looking for volunteers to help staff with the game booths at the Parks and Recreation Department's Halloween Spooktacular.

Midnight Mission Volunteer Day

Monday • November 20 • 10 am - 3 pm

Volunteers will be serving lunch or dinner at the Midnight Mission soup kitchen.

Movie Nights

Every FIRST Friday of each month. Movies shown are PG-13 or below and begin at 6 pm.

**INDIVIDUAL FLYERS WILL BE HANDED OUT FOR EACH EVENT.
LAST DAY TO REGISTER IS TWO WEEKS PRIOR TO THE DAY OF EVENT.**



Bolsa Chica State Beach

Youth Activities

FITNESS

Beginning Ice Hockey Skating Skills Class

Learn fundamental hockey skills including forward and backward skating (strides), transitional turns, stops, and skating on one foot. Skaters will learn the basic skills necessary to join recreational, high school, or travel league hockey teams. With support from its affiliate, the NHL Ducks, The Rinks Lakewood ICE is excited to see increased interest in the sport of ice hockey in Southern California, where indoor rinks allow for year-round play. Our goal is to see a jersey on every back and a skate on every foot.

Instructor: The Rinks Lakewood ICE Rink Staff

TOT ICE HOCKEY

Beginner: 3-6 years \$45 / 4 weeks

| | | |
|-----------|----------------|---------------|
| Thursday | 5:30-6 pm | 8/30 - 9/20 |
| Saturday | 10:15-10:45 am | 9/1 - 9/22 |
| Thursday | 5:30-6 pm | 9/27 - 10/18 |
| Saturday | 10:15-10:45 am | 9/29 - 10/20 |
| Thursday | 5:30-6 pm | 10/25 - 11/15 |
| Saturdays | 10:15-10:45 am | 10/27 - 11/17 |

YOUTH ICE HOCKEY

Beginner: 7-12 years \$45 / 4 weeks

| | | |
|-----------|----------------|---------------|
| Thursdays | 5:30-6 pm | 8/30 - 9/20 |
| Saturdays | 11:15-11:45 am | 9/1 - 9/22 |
| Thursdays | 5:30-6 pm | 9/27 - 10/18 |
| Saturdays | 11:15-11:45 am | 9/29 - 10/20 |
| Thursdays | 5:30-6 pm | 10/25 - 11/15 |
| Saturdays | 11:15-11:45 am | 10/27 - 11/17 |

SPECIAL OLYMPICS "TOP FLIGHT ON ICE"

**All ages welcome • \$45/4 weeks • \$34/3 weeks
3975 Pixie, Lakewood 90712 (Carson & Paramount)**

This class is specifically designed for the Special Needs Community. All skaters will learn to skate with a qualified instructor. Skaters will learn to skate forward and backward, and gain confidence to skate on their own. Class fee includes skate rental, half hour of instruction and free practice session on your registered class day. Dress warmly. Check-in early. www.therinks.com

| | | |
|-----------|----------------|---------------|
| Thursdays | 5:50-6 pm | 8/30 - 9/20 |
| Saturdays | 11:15-11:45 am | 9/1 - 9/22 |
| Thursdays | 5:30-6 pm | 9/27 - 10/18 |
| Saturdays | 11:15-11:45 am | 9/29 - 10/20 |
| Thursdays | 5:30-6 pm | 10/25 - 11/15 |
| Saturdays | 11:15-11:45 am | 10/27 - 11/17 |

Ice-Skating

Learn the fundamentals of ice-skating from certified U.S. Figure Skating Association instructors. Class fee includes skate rental and practice time on lesson day. Please arrive early to size skates. Dress warmly in layers and bring gloves or mittens. Participants are divided by age group: 3-5, 6-12, 13+
Instructor: East West Ice Palace staff

**Resident \$57 • Non-Resident \$80
East West Ice Palace**
Wednesdays 5:40-6:20 pm
Ages 3+ 10/10 - 11/14
No class 10/31



Karate

Our karate classes offer a fun and structured program for every child and teenager. Your son or daughter will develop as a strong individual both inside and outside of the classroom. Youth will gain more focus, balance, self-control, and confidence in their capabilities. Interested but unsure? Try out a class free for a day. You are more than welcome to join us.

Instructor: Michio Jimenez

BEGINNER KARATE

Resident \$45 • Non-Resident \$50 • Artesia Park
M/F 4-5 pm Ages 4-8 10/1 - 11/9
Resident \$35 • Non-Resident \$40 • Artesia Park
M/F 4-5 pm Ages 4-8 11/14 - 12/14
No class 10/31, 11/12, 11/23, 12/17-1/2/19

INTERMEDIATE KARATE

Resident \$45 • Non-Resident \$50 • Artesia Park
M/W 5-6 pm Ages 8+ 10/1 - 11/9
Resident \$35 • Non-Resident \$40 • Artesia Park
M/W 5-6 pm Ages 8+ 11/14 - 12/14

SPECIAL ADD-ON:

Add Fridays from 5-6 pm for \$5 more per session.
No class 10/31, 11/12, 11/23, 12/17 - 1/2/19

ADVANCED KARATE

Resident \$45 • Non-Resident \$50 • Artesia Park
M/W 6-7:30 pm Ages 8+ 10/1 - 11/9
Resident \$35 • Non-Resident \$40 • Artesia Park
M/W 6-7:30 pm Ages 8+ 11/14 - 12/14

SPECIAL ADD-ON:

Add Fridays from 6-7 pm for \$5 more per session.
No class 10/31, 11/12, 11/23, 12/17 - 1/2/19

Tae Kwon Do

Tae Kwon Do is an effective self-defense program which also develops discipline, respect, flexibility, agility, coordination, and leadership. It also aids in weight reduction, increased endurance and lowering one's heart rate.

Instructor: Fernando

BEGINNER TAE KWON DO

Resident \$50 • Non-Resident \$60 • Artesia Park
M/W/F 5-6 pm Ages 4-13 9/5 - 9/28
M/W/F 5-6 pm Ages 4-13 10/1 - 10/29
M/W/F 5-6 pm Ages 4-13 11/2 - 11/30

Resident \$40 • Non-Resident \$45 • Artesia Park
M/W/F 5-6 pm Ages 4-13 12/3 - 12/14

ADVANCED TAE KWON DO

Resident \$50 • Non-Resident \$60 • Artesia Park
M/W/F 6-7 pm Ages 4-13 9/5 - 9/28
M/W/F 6-7 pm Ages 4-13 10/1 - 11/30

Resident \$40 • Non-Resident \$45 • Artesia Park
M/W/F 5-6 pm Ages 4-13 12/3 - 12/14
No class 9/3, 11/23, 11/28, 12/10

SPECIAL OFFER:

Try out a class for free for one day.



Tennis

Tennis lessons for all experience levels. Beginner class for those with little or no tennis experience with emphasis on basic tennis fundamentals. Intermediate class for those with a few years playing tennis who would like to improve their game and learn tennis strategies. Advanced class for those with several years of playing experience and who would like to work on consistency, power and to grow without limit. Participants must provide tennis racquet.

Fees are **\$10 per class paid monthly**, based on the number of class sessions per month, and must be paid before classes begin. Private and semi-private lessons are available.

Private \$50/hour • Semi-Private \$25/30 minutes

Instructor: Eli Alejo

\$10 per class paid monthly • Artesia Park

10 AND UNDER TENNIS

Resident \$45 • Non-Resident \$50 • Artesia Park

| | | | | |
|-----------|---------|---------------|-----------|---------|
| Wednesday | Beg/Int | 6-7 pm | Ages 6-10 | Monthly |
| Saturday | Beg/Int | 9:30-10:30 pm | Ages 6-10 | Monthly |

No class 10/31, 11/28

JUNIOR DEVELOPMENT TENNIS

Resident \$45 • Non-Resident \$50 • Artesia Park

| | | | | |
|----------|---------|--------------|------------|---------|
| Saturday | Beg/Int | 8:30-9:30 am | Ages 11-17 | Monthly |
|----------|---------|--------------|------------|---------|

No class 10/31, 11/28

Tiny-Tot Football

A step-by-step training program for boys and girls to promote the development of fundamental football skills. Players learn catching, throwing, and running with the ball. Scrimmage games will be played every other week.



Instructor: Recreation Staff

Resident \$45 • Non-Resident \$55 • Artesia Park

| | | | |
|-----------|--------------|----------|--------------|
| Wednesday | 5:45-6:45 pm | Ages 3-6 | 9/19 - 10/24 |
|-----------|--------------|----------|--------------|

PYSO Soccer

Fall Futsal League which consist of an 8-week program league. Registration: www.playpyso.com or contact at: Info@playpyso.com

Fee \$150 • Artesia Park Rink

Includes one practice per week (Tuesday, Wednesday or Thursday - after 5 pm) with a licensed coach, team shirt, and one game per weekend.



Zumba Kids Fitness with Rocio

Perfect for our younger Zumba fans! 4-12 year olds get the chance to be active and jam out to their favorite music. Zumba kids classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key child development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, balance, coordination and cultural awareness.

Instructor: Rocio Guzman

Pay-As-You-Go \$4 • Artesia Park

| | | | |
|-----------|-----------|-----------|---------------|
| Wednesday | 4-4:50 pm | Ages 4-12 | 9/5 - 9/26 |
| Wednesday | 4-4:50 pm | Ages 4-12 | 10/3 - 10/24 |
| Wednesday | 4-4:50 pm | Ages 4-12 | 11/7 - 11/28* |
| Wednesday | 4-4:50 pm | Ages 4-12 | 12/5 - 12/12 |

*Tree Lighting Event

ARTS & DANCE

Ballet for Pre-K

Through stories, songs and classical ballet poses, your budding ballerina will learn the traditional movement and language of ballet, along with stories of the most famous ballets. Ballet shoes recommended.

Instructor: Eliana Drew

Resident \$28 • Non-Resident \$33 • Artesia Park

| | | | |
|--------|-----------|----------|--------------|
| Friday | 4-4:45 pm | Ages 2-4 | 9/7 - 10/12 |
| Friday | 4-4:45 pm | Ages 2-4 | 10/26 - 12/7 |

No class 10/23



Young Rembrandts Drawing Class

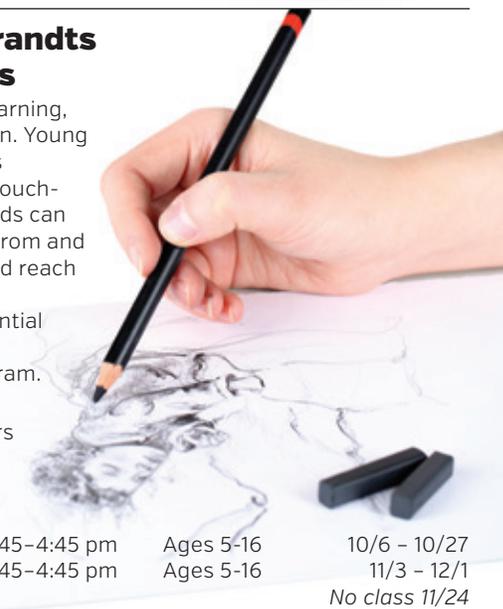
A different kind of learning, a powerful kind of fun. Young Rembrandts teaches drawing with a see-touch-do method that all kids can succeed with, learn from and love! Watch your child reach a brand new level of confidence and potential with this engaging, award-winning program.

Instructor: Young Rembrandts Teachers

**Resident \$60
Non-Resident \$70
Artesia Park**

| | | | |
|-----------|--------------|-----------|--------------|
| Thursdays | 3:45-4:45 pm | Ages 5-16 | 10/6 - 10/27 |
| Thursdays | 3:45-4:45 pm | Ages 5-16 | 11/3 - 12/1 |

No class 11/24



YOUTH RECREATION CLASSES

2019 Youth Baseball/Softball Spring League

OPENING DAY IS MARCH 9, 2019

BASEBALL DIVISIONS

Registration begins Saturday, November 24, 2018 and will close February 9, 2019. A skills assessment will be held on Saturday, February 16, 2019.

Co-Ed Pee Wee: Born 2014, 2013 & May-Dec 2012

Minor: Born Jan-Apr 2012, 2011 & May-Dec 2010

National: Born Jan-Apr 2010, 2009 & May-Dec 2008

American: Born Jan-Apr 2008, 2007 & May-Dec 2006

International: Born Jan-Apr 2006, 2005 & May-Dec 2004

SOFTBALL DIVISIONS

Registration begins Saturday, September 29, 2018 and will close December 15, 2018. A skills assessment will be TBD.

Co-Ed Pee Wee: Born 2014 & 2013

8 & Under: Born 2012 & 2011

10 & Under: Born 2010 & 2009

12 & Under: Born 2008 & 2007

14 & Under: Born 2006 & 2005

Fees:

Pee Wee ages 4-6:

Resident \$50 • Non-Resident \$69

All other age divisions:

Resident \$40 • Non-Resident \$60



Adult Activities

DANCE

Line-Dancing with Stuart & Jessie

Learn all the latest line dances. Instructors will break the dances down and teach step-by-step instructions for the most popular line dances that all the dance clubs are doing. Kick up your heels and have fun while getting a great workout and exercising your memory as well! You don't need a partner, some experience is required.

Instructor: Stuart and Jessie Shepherd

Resident \$20 • Non-Resident \$25 • Artesia Park
 Fridays Easy Int 10-11 am Ages 18+ 8/31 - 10/26

NEW CLASS

Resident \$25 • Non-Resident \$30 • Artesia Park
 Fridays Int/Adv 12:30-1:45 am Ages 18+ 8/31 - 10/26



Tae Kwon Do

Tae Kwon Do is an effective self-defense program which also develops discipline, respect, flexibility, agility, coordination, and leadership. It also aids in weight reduction, increased endurance and lowering one's heart rate.

Instructor: Alex Mendez

Resident \$50 • Non-Resident \$55 • Artesia Park
 M/W/F 7-8 pm Ages 14+ 9/5 - 9/28
 M/W/F 7-8 pm Ages 14+ 10/1 - 10/29
 M/W/F 7-8 pm Ages 14+ 11/2 - 11/30

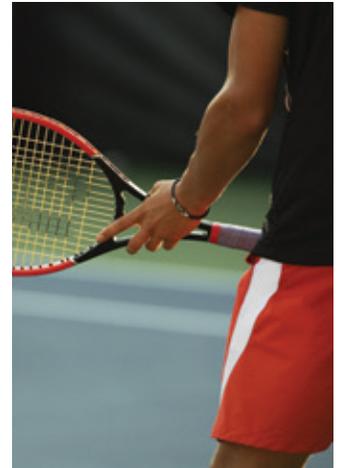
Resident \$40 • Non-Resident \$45 • Artesia Park
 M/W/F 7-8 pm Ages 14+ 12/3 - 12/14

TRY OUT A CLASS FOR FREE FOR A DAY.

No class 9/3, 10/31, 11/23, 11/28, 12/10

Tennis

Tennis lessons for all experience levels. Beginner class for those with little or no tennis experience with emphasis on basic tennis fundamentals. Intermediate class for those with a few years playing tennis who would like to improve their game and learn tennis strategies. Advanced class for those with several years of playing experience and who would like to work on consistency, power and to grow without limit. Participants must provide tennis racquet.



Fees are **\$10 per class paid monthly**, based on the number of class sessions per month, and must be paid before classes begin. Private and semi-private lessons are available.

Instructor: Eli Alejo

Private \$50/hour • Semi-Private \$25/30 minutes
Resident \$45 • Non-Resident \$45 • Artesia Park
 Sundays Beg/Int 9:30-10:30 am Ages 18+ Monthly
No class 10/31, 11/28

FITNESS

Cardio Kickboxing

Join this fun and intense fat-burning workout. Gain strength, coordination and improve joint stability. This class is open to all levels of fitness. Build a better you and feel stronger than ever!

Instructor: Michio Jimenez

Resident \$50 • Non-Resident \$55 • Artesia Park
 M/W 7-8 pm Ages 16+ 10/1 - 11/7

Resident \$35 • Non-Resident \$40 • Artesia Park
 M/W 7-8 pm Ages 16+ 11/14 - 12/12
No class 10/31, 11/12, 12/17-12/19





Yoga with Lou

Practice the basic discipline and postures to promote physical fitness. Improve flexibility, strength, concentration, renew your energy, restore emotional stability and reduce stress. Students must bring a yoga mat to class.

Instructor: Lou Trerotola

Resident \$35 • Non-Resident \$45 • Artesia Park

| | | | |
|--------------------|--------|----------|-----------------|
| Mondays/Wednesdays | 6-7 pm | Ages 18+ | 8/27 - 10/3 |
| Mondays/Wednesdays | 6-7 pm | Ages 18+ | 10/8 - 11/14 |
| Mondays/Wednesdays | 6-7 pm | Ages 18+ | 11/19 - 1/16/19 |

No class 9/3, 10/31, 11/12, 12/10, 12/17, 1/2/19

Yoga with Mike

Learn the psychological and physical effects of stress, and management techniques to improve and regulate stress in your life through the use of self-awareness, meditation, and proper breathing.



Instructor: Mike Jackson

Resident \$35 • Non-Resident \$45 • Artesia Park

| | | | |
|--------------------|--------|----------|--------------|
| Tuesdays/Thursdays | 8-9 am | Ages 18+ | 8/28 - 10/4 |
| Tuesdays/Thursdays | 8-9 am | Ages 18+ | 10/9 - 11/15 |
| Tuesdays/Thursdays | 8-9 am | Ages 18+ | 11/20 - 1/10 |

No class 11/22, 12/18-1/1/19

Cardio Zumba with Jessie

Beginners welcome! This class is suitable for active seniors, using simple and easily controlled movements. Workout with oldies music for aerobics, add in hot Zumba moves for fun, using simple routine steps that are easy to follow. Please bring a mat; hand weights are optional and must be supplied by the participant.

Instructor: Jessie Shepherd

Resident \$20 • Non-Resident \$25 • Artesia Park

| | | | | |
|---------|---------------|-----------------|----------|--------------|
| Fridays | Fit all level | 11:05-12:515 am | Ages 18+ | 8/31 - 10/26 |
|---------|---------------|-----------------|----------|--------------|

Zumba Fitness with Lettie

Feel good and look good! Dance your way to better fitness to the Latin rhythms of salsa, merengue, cha-cha, mambo, cumbia and more. No partner required.

Instructor: Lettie Morris

Pay-As-You-Go \$5 • Artesia Park

| | | | |
|----------|--------|----------|--------------|
| Tuesdays | 7-8 pm | Ages 13+ | 9/18 - 10/23 |
| Tuesdays | 7-8 pm | Ages 13+ | 10/30 - 12/4 |

Zumba Adult Fitness with Rocio

Party yourself into shape. The Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose!

Instructor: Rocio Guzman

Pay-As-You-Go \$45 • Artesia Park

| | | | |
|------------|--------------|----------|--------------|
| Wednesdays | 5:30-6:30 pm | Ages 18+ | 9/5 - 9/26 |
| Wednesdays | 5:30-6:30 pm | Ages 18+ | 10/3 - 10/24 |
| Wednesdays | 5:30-6:30 pm | Ages 18+ | 11/7 - 11/28 |
| Wednesdays | 5:30-6:30 pm | Ages 18+ | 12/5 - 12/12 |

No class 10/31

SPORTS LEAGUES

Men's Fast-Pitch Adult League on Wednesday Nights

Join with a team of 9 players. Teams compete in a minimum of 10 games. All games are held at Artesia Park at 7 pm or 7:30 pm. Teams are responsible for umpire fees.

Team Fee: \$300, plus \$50 forfeit fee (\$350 Total)

Wednesdays 7-10 pm • Ages 16+
Register by 9/26/18
Play begins 10/3/18



Adult Activities

ARTS & MUSIC

Erhu Chinese Violin

The erhu is traditional Chinese stringed instrument played with a bow. It is also known as the Chinese violin. The erhu can be played solo or in an ensemble. Students may furnish their own instruments or purchase/rent from the instructor.

Beginning: No experience necessary. Students will learn basic fingering, songs, and how to read Jianpu, a Chinese numbered musical notation.

Intermediate: Students will improve technique and learn more difficult songs.

Instructor: Victor Li

\$5 Pay-As-You-Go • Beginner/Intermediate • Artesia Park

| | | | | |
|--------------------|---------|--------|--------|--------------|
| Tuesdays/Thursdays | Beg/Int | 3-5 pm | Adults | 9/4 - 9/27 |
| Tuesdays/Thursdays | Beg/Int | 3-5 pm | Adults | 10/2 - 10/30 |
| Tuesdays/Thursdays | Beg/Int | 3-5 pm | Adults | 11/1 - 11/29 |

Nifty Crafters

Come learn to make beautiful jewelry using bead-weaving, stringing, and other bead techniques.

Instructor: Francisca Chavez

\$1 pay-as-you-go • Artesia Park

| | | | |
|--------------------------------------|------------|----------|---------------|
| Tuesdays | 10 am-1 pm | Ages 18+ | 8/28 - 10/16 |
| Tuesdays | 10 am-1 pm | Ages 18+ | 10/23 - 12/11 |
| <i>No class 12/18, 12/25, 1/1/19</i> | | | |

Guitar

Easy Intermediate (EI): You must know your basic chords. Students will learn bass runs, hammers, arpeggios and finger picking.

Intermediate Guitar (IG): Students will learn more difficult chords, songs, techniques, and tablature.

Instructor: Susan McCormick

\$36 (12 Classes) • Artesia Park

| | | | |
|-------------------------------------|------------------|----------|-------------|
| Wednesdays (EI) | 9-11 am | Ages 18+ | 9/5 - 12/12 |
| Wednesdays (IG) | 11:15 am-1:15 pm | Ages 18+ | 9/5 - 12/12 |
| <i>No class 10/24, 11/14, 11/21</i> | | | |

Japanese Taiko Drumming

Taiko is the Japanese art of drumming. Learn basic form, drum beats and rhythms. Have fun learning and spending time coordinating drum beats with fellow students as class works on simple Taiko compositions. Class can be taken continuously at any level, however, students may be grouped by ability in order to facilitate learning.

Instructor: Julie Koga & Mary Jane Mayeda

\$20 / 4-week session • \$35 / 4-week session for two people living in the same household • Artesia Park

| | | | |
|--|--------|----------|---------------|
| Sundays | 1-2 pm | Ages 14+ | 9/16 - 10/7 |
| Sundays | 1-2 pm | Ages 14+ | 10/14 - 11/4 |
| Sundays | 1-2 pm | Ages 14+ | 11/11 - 12/16 |
| <i>No class 11/25 Thanksgiving weekend</i> | | | |

Sewing for All Levels

Beginning level: Students will follow the teacher's curriculum to create basic class projects. Bring a portable sewing machine, two yards of non-stretch fabric, and thread.

Intermediate and advanced levels: Students may work on their own projects or class projects. Bring a portable sewing machine, commercial sewing pattern, and supplies.

Instructor: Rosario Lamoureux

\$65 Resident • \$75 Non-Resident • Artesia Park

| | | | |
|-------------------------------------|--------|----------|-------------|
| Thursdays | 1-5 pm | Ages 18+ | 10/27 - 1/5 |
| <i>No class 11/24, 12/22, 12/29</i> | | | |



Ukulele

An intermediate/advanced course in Hawaiian, Tin Pan Alley (1915-1930) and other song styles up to today. Students may use any type of ukulele and must furnish their own instrument. Students will improve skills and prepare for performances within the community.

Instructor: Susan McCormick

\$39 (12 classes) • Artesia Park

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|-----------------------------|------------|----------|-------------|
| Thursdays | 9-11:30 am | Ages 18+ | 9/6 - 12/13 |
| <i>No class 10/5, 11/22</i> | | | |

Beginning Journeys in Watercolor Painting – Session 1

Embark on this inspiring trip into watercolor painting! Card-making, stamping and journaling are just a few spirited expressions you can aspire to with what you'll learn. Through personal observation and practice, you'll experience the mainstay techniques of wet-on-dry glazing and wet-on-wet washes. By the end of the four-week sessions, you'll have created your own personal project(s).

Instructor: Clyde San Juan

Resident \$65 • Non-Resident \$75 • Lab/Supply Fee \$25

Artesia Park

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|-----------|---------------|----------|--------------|
| Tuesdays | 1-3 pm | Ages 18+ | 9/4 - 9/25 |
| Saturdays | 12:30-2:30 pm | Ages 18+ | 9/8 - 9/29 |
| Tuesdays | 1-3 pm | Ages 18+ | 10/2 - 10/23 |
| Saturdays | 12:30-2:30 pm | Ages 18+ | 10/6 - 10/27 |
| Tuesdays | 1-3 pm | Ages 18+ | 11/6 - 11/27 |
| Saturdays | 12:30-2:30 pm | Ages 18+ | 11/3 - 11/24 |



SPECIAL INTEREST

AARP Tax Program VOLUNTEERS NEEDED

Volunteers are needed for the annual Tax Assistance Program. This program provides free assistance for low-income seniors and individuals in preparing their state and federal income tax returns. Volunteers are trained in January and volunteer once a week on Mondays at the Albert O. Little Community Center from February 4 through April 15. If you are interested in becoming trained as a volunteer, sign up at aarp.org/tax volunteer.

Manos Unidas Social Hours

Meet neighbors, share recipes, and learn knitting techniques.

Free • AJ Padelford Park

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|---------|------------------|----------|-------------|
| Fridays | 9:30 am-12:30 pm | Ages 18+ | 9/4 - 12/14 |
|---------|------------------|----------|-------------|

Red Ribbon Parent Workshop

A bi-lingual educational class led by the Los Angeles County Sheriffs Department for parents to learn about drug prevention. Topics include what to look for, resources available, and prevention tools.



Free • AJ Padelford Park

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|-----------|--------|--|-------|
| Wednesday | 6-8 pm | | 10/17 |
|-----------|--------|--|-------|

Red Ribbon Youth Workshop

Local Elementary and Middle school students participate in and educational workshop presented by the LA County Sheriff's Department STAR Unit Deputies. The workshop is designed to educate students through a four-session workshop.

Free • AJ Padelford Park

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|--------|--------------|--|-------|
| Friday | 9 am-1:30 pm | | 10/26 |
|--------|--------------|--|-------|

Senior Activities

Lunch Program

Lunch is served Monday-Friday at 11:30 am by Human Services Association (HSA)

Vegetarian meals are served on Wednesdays at 11:45 am. Lunch is served to those 60+ for a \$2.25 donation. Diners under 60 may pay a fee of \$6.00 to eat lunch.

A 24-hour reservation is required, please call 562-924-6509 between 9 am - 1 pm Monday-Friday.



ACTIVITIES & CLUBS



Bingo!

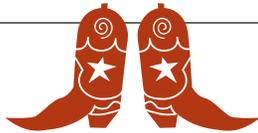
Tuesdays and Fridays 8:45-10:30 am

Bingo cards are \$0.25 each. Come play for a chance to win household prizes!

Line-Dancing

Tuesdays 9:15 - 10:30 am

Join the line-dancing group for free!



Loom Knitting Workshop

Wednesdays 10 - 11:15 am

Weekly meetings include teaching and learning new stitches along with making beanies for newborns, cancer patients, and soldiers overseas.

Wednesday Club

First four Wednesdays of every month 8 am - 1 pm

Meetings include bingo, lunch, and activities.

Donuts and Game Day Thursday

Thursdays 8 - 11 am

Come enjoy a donut and play some games.



Portuguese Social Hours

First Friday of every month 1 - 5 pm

FALL EVENTS

BIRTHDAYS

Birthdays are celebrated at the Senior Center on the first Wednesday of each month from 10 to 11:30 am. Come enjoy some cake, a happy birthday song, and meet new friends!

HALLOWEEN PARTY

OCTOBER 31 from 10 to 11:30 am

Join us for music, dancing, and homemade snacks before lunch is served.

SENIOR THANKSGIVING LUNCHEON

NOVEMBER 14 from 10 am to 1 pm

Celebrate Thanksgiving with your peers with a traditional style Thanksgiving lunch. Music, dancing, and a free opportunity drawing will be offered. Lunch is served at 11:30 am.

UPCOMING EXCURSIONS

THURSDAY • SEPTEMBER 13

OAK GLEN

8:30 am - 5 pm • \$5* [Registration opens August 2]

THURSDAY • OCTOBER 11

TANAKA FARMS

8:30 am - 5 pm • \$7* • Pumpkins can be purchased for an additional \$7 on your own at Tanaka Farms. [Registration opens August 30]

WEDNESDAY • NOVEMBER 7

THE HISTORIC PETROLEUM CLUB IN LONG BEACH:

Salute to America - Country Style

11 am-5 pm • \$45 show/lunch [Registration opens September 19]

SATURDAY • DECEMBER 8

LA MIRADA THEATRE:

The Magic of Christmas

11 am - 5:30 pm • \$37* [Registration opens October 27]

*Meal not included in ticket price. Senior Excursions are meant for those age 50 and over. Exceptions are made for caretakers.

SENIOR CENTER PROGRAMS

FREE TRANSPORTATION

Artesia Express Free Taxi Service

The Artesia Express, a free taxi service, is available to Artesia residents who are 60+ or disabled. Participants must register by appointment at the Artesia Park office prior to using the service. Hours of operation are Monday through Friday from 8 am to 3 pm.

The service area includes the Artesia City limits plus the areas bounded by: Alondra Boulevard (north), Del Amo Boulevard (south), Valley View Road (east) and Bellflower Boulevard (west).

An expanded service area is available on Tuesdays and Thursdays from 9 am to 3 pm. For location information please contact the Artesia Park office at 562-860-3361.

Appointments for service require 24-hour advance notice. Reservations for enrolled residents can be made by calling 562-865-6266.



Fall 2018 Events



ARTESIA INTERNATIONAL STREET FAIR & DIVERSITY FESTIVAL

SATURDAY • OCTOBER 6 • 11 am - 10 pm
PIONEER BLVD BETWEEN 187th & 183rd & STREETS

The fifth annual International Street Fair & Diversity Festival will again showcase cuisine, live performance, and fun from cultures around the world.

- International Entertainment and Cuisine • Live Music • Beer Garden
- Arts & Crafts • Shopping • Giveaways • Kids Zone • FREE Admission



HALLOWEEN SPOOKTACULAR

WEDNESDAY • OCTOBER 31 • ARTESIA PARK • 6-8 pm

- Play games to win Halloween goodies (kids 12 & under)
- Hot dogs & punch provided by the Artesia-Cerritos Lions Club (while supplies last)
- Enter the costume contest to win prizes (4 age groups)
- Join the limbo dance contest to win prizes
- **Trunk-or-Treat at the Park** The fun way to pass out (and get) candy on Halloween! Members of the community are encouraged to join in and pass out candy by bringing a decorated car to the event. (Please register cars by Oct. 27)



VETERANS DAY CELEBRATION

THURSDAY • NOVEMBER 8 • ARTESIA PARK • 4-7 pm

Join us as we honor Veterans and thank them for their service to our country. The ceremony will begin at 5:30 pm. If you know a Veteran who has not yet received a memorial brick, please contact Artesia Park to register for recognition by October 13.

- Military gun salute demonstration • Flag folding ceremony
- Military vehicle displays • Service provider information booths
- Arts & crafts for youth • Veterans memorial bricks available for \$100



PROJECT JOY FOOD AND TOY DISTRIBUTION

NOVEMBER 19 • DECEMBER 20 • AJ PADEFORD PARK • ARTESIA PARK

Qualified residents may receive the ingredients to make full Thanksgiving and Christmas dinners, along with toys for children 12 and under at Christmas.

Please register by November 1 for the Thanksgiving program and December 1 for the Christmas program at Artesia or AJ Padel Ford Parks.



THANKSGIVING FEAST

WEDNESDAY • NOVEMBER 21 • AJ PADEFORD PARK • 4-6 pm

The Manos Unidas de AJ Padel Ford Park is sponsoring a FREE Thanksgiving Feast for all families who attend and until meals last.



HOLIDAY TREE LIGHTING CEREMONY

WEDNESDAY • NOVEMBER 28 • ARTESIA PARK • 5:30-8 pm

Join us to bring in the holiday season by lighting the holiday tree. The youth choir and dance groups will perform holiday medleys. Hot cocoa and cookies will be available while supplies last.

For additional information on City of Artesia events please call the Parks & Recreation Dept: 562-860-3361

ALCOHOL AND SMOKING ARE NOT PERMITTED AT CITY PARKS AT ANY TIME. DOGS MUST BE LICENSED AND ON A LEASH AT ALL TIMES IN CITY PARKS.

FRONT COVER: DANCERS • CITY OF ARTESIA • JACK O'LANTERN • CHEPOD BANI VITALE/MCH / SHUTTERSTOCK.COM • BACK COVER: BACKGROUND LEAVES • SUNNY STUDIO / SHUTTERSTOCK.COM • DANCERS • PROLOVA ELIANA / SHUTTERSTOCK.COM
HALLOWEEN SPOOKTACULAR • CITY OF ARTESIA • SOLDIERS & FLAG • AWESOME DESIGN STUDIO / SHUTTERSTOCK.COM • FOOD BARS • CITY OF ARTESIA • TURKEYS • ROMONA KAVUTZKI / SHUTTERSTOCK.COM • HOLIDAY TREE LIGHTING • CITY OF ARTESIA